Living Conditions Surveys, health, illness and medical care by period, region, indicator, observations and sex.

|  | Proportion of persons in percent |  |  | Estimated numbers in thousands |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | men and women | men | women | men and women | men | women |
| 2008-2010 |  |  |  |  |  |  |
| Norrbotten county council |  |  |  |  |  |  |
| good health | 74.0 | 78.2 | 70.4 | 142 | 69 | 73 |
| poor health | 6.9 | 5.3 | 8.2 | 13 | 5 | 9 |
| difficult problems from a long-term illness | 11.8 | 8.3 | 14.8 | 23 | 7 | 15 |
| serious pain in back or hips | 11.6 | 7.3 | 15.4 | 22 | 6 | 16 |
| serious pain in shoulders, neck | 9.2 | 6.6 | 11.4 | 18 | 6 | 12 |
| serious pain in hands, elbows or knees | 9.2 | 6.0 | 11.9 | 18 | 5 | 12 |
| serious pain (total) | 18.7 | 14.0 | 22.7 | 36 | 12 | 24 |
| problems of anxiety, worry, fear | 17.1 | 12.1 | 21.4 | 33 | 11 | 22 |
| serious problems of anxiety, worry, fear | 4.7 | 1.7 | 7.4 | 9 | 1 | 8 |
| sleeping disorders | 26.6 | 17.9 | 34.0 | 51 | 16 | 35 |
| diseases of the respiratory system | 5.3 | 5.3 | 5.3 | 10 | 5 | 6 |
| diseases of the circulatory system | 25.1 | 22.0 | 27.7 | 48 | 19 | 29 |
| heart disease | 7.0 | 5.1 | 8.6 | 13 | 4 | 9 |
| high blood pressure | 18.4 | 15.0 | 21.2 | 35 | 13 | 22 |
| endocrine diseases | 10.7 | 9.7 | 11.6 | 21 | 8 | 12 |
| diabetes | 3.5 | 5.3 | 2.0 | 7 | 5 | 2 |
| diseases of the skin | 0.8 | 1.0 | 0.5 | 1 | 1 | 1 |
| diseases of the digestive system | 3.0 | 3.0 | 3.0 | 6 | 3 | 3 |
| diseases of the nervous system and the sensory organs | 4.0 | 2.8 | 5.0 | 8 | 2 | 5 |
| diseases of the musculoskeletal system and connective tissue | 13.8 | 9.2 | 17.8 | 27 | 8 | 19 |
| motor disabilities | 9.8 | 5.6 | 13.5 | 19 | 5 | 14 |


| serious motor disabilities | 4.1 | 2.3 | 5.6 | 8 | 2 | 6 |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| impaired hearing | 19.6 | 21.4 | 18.1 | 38 | 19 | 19 |
| impaired vision | 2.7 | 2.9 | 2.4 | 5 | 3 | 3 |
| overweight or obese | 46.6 | 55.6 | 38.6 | 90 | 49 | 40 |
| obese | 10.3 | 11.3 | 9.5 | 20 | 10 | 10 |
| doctor appointments during a <br> three-month period <br> dentist appointments during a 12- | 29.6 | 27.1 | 31.8 | 57 | 24 | 33 |
| month period |  |  |  |  |  |  |
| thought medical care was required |  |  |  |  |  |  |

